



CERTIFICATE OF PARTICIPATION

This is to certify that

Lungile Lwandle

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:55:33

PACE 07:01/km
OVERALL 353 of 834

GENDER 93 of 271
**SENIOR (20- 52 of 134
39)**



08 July 2023, Sat

Date

BoutTime

Signature